

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



# May 2019

## River Ridge Retirement Village

### Assisted Living and Memory Care

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 10:30 Coffee 11:15 Morning moves 1:00 Pretty hands 2:00 UNO 6:00 <i>See it to Believe it</i> <small>May Day</small>	2 10:30 Coffee 11:15 Stretches 2:00 Celebrate <b>May birthdays</b>	3 10:30 Coffee 11:15 Bodies in motion 1:30 <b>Cinco De Mayo Party</b> 2:15 Time w/Tom	4 10:30 Coffee/devotions 11:15 Exercise 1:00 Pictionary
5  Cinco de Mayo	6 10:30 Coffee 11:15 <i>Move it or lose it!</i> 1:00 Manicures 2:30 Movie  Ramadan	7 10:30 Coffee 11:15 Hymn sing 1:30 Bingo 3:30 Reading group	8 10:30 Coffee 11:15 Bodies in motion 1:00 Pretty hands 2:00 Pictionary 6:00 <i>America's Got Talent</i>	9 10:30 Coffee 11:15 Bodies in motion 2:30 <b>Mother's Day Tea</b> w/Chris Sloan ♪	10 10:30 Coffee 11:15 <i>Move it or lose it!</i> 1:00 Manicures 2:15 Time w/Tom	11 10:30 Social 11:15 Exercise 1:00 Bingo
12  Mother's Day	13 10:30 Coffee 11:15 Bodies in motion 1:30 <b>St Basil buddies ice cream social</b>	14 10:30 Coffee 11:15 Hymn sing 1:30 Bingo 3:30 Reading group	15 10:30 Coffee / <i>Chronicles</i> 11:15 Exercise 1:00 Pretty hands 2:00 <i>Suit 'em Up</i> 6:00 <i>That's Amazing!</i> (videos)	16 10:30 Jumpstart morning social 11:15 Bodies in motion 1:30 Bingo 3:30 <i>Thirsty Thursday</i>	17 10:30 Coffee 11:15 Bodies in motion 1:00 Manicures 2:15 Time w/Tom	18 10:30 Coffee/devotions 11:15 Exercise 1:00 Crafts  Armed Forces Day
19	20 10:30 Coffee 11:15 <i>Move it or lose it!</i> 1:00 Manicures  Victoria Day (Canada)	21 10:30 Coffee 11:15 Hymn sing 2:15 <b>Broadway Dancers</b> 3:30 Reading group	22 10:30 Coffee 11:15 Bodies in motion 1:00 Manicures 2:00 UNO 6:00 Music memories	23 10:30 Coffee 11:15 Stretches 1:30 <b>Prize Bingo</b> 3:30 <i>Thirsty Thursday</i>	24 10:30 Coffee 11:15 Bodies in motion 2:00 Strumbums ♪	25 10:30 Social 11:15 Exercise 1:00 Bingo
26	27  Memorial Day	28 10:30 Coffee 11:15 Hymn sing 1:30 Bingo 3:30 Reading Group	29 10:30 Coffee / <i>Chronicles</i> 11:15 Exercise 1:00 Pretty hands 2:00 Pictionary 6:00 Evening social	30 10:30 Coffee 11:15 Stretches 1:30 Bingo 3:30 <i>Thirsty Thursday</i>	31 10:30 <b>That's Amore Pizza Shop</b> 1:00 Manicures 2:15 Time w/Tom	<b>Curly and Waves</b> Beauty Shop Open 10:30 Wednesdays